



# AAH Employee Assistance Program Work-Life Services

**Advocate Aurora Employee Assistance Program (EAP)** is happy to provide valuable resources for work-life balance needs. Services are provided at no cost to employees and their household family members. We will explain the available services and connect you with one of our work-life balance specialists. We can provide resources and referrals for any of the following common concerns:

## **Adoption information services**

Our specialists can guide you through the adoption process, explaining choices and costs, and provide referrals to adoption agencies, attorneys, community resources and support groups.

## **Childcare consultation, information and referrals**

Our trained childcare specialists will listen to your needs, research options that match your requirements, and verify qualifications and availability before providing you with a list of referrals from which to choose. We also offer information kits on parenting topics such as first-time parents, summer care, and back-to-school planning.

## **Educational resource assistance: K-12 and higher education**

Services include matching families with private and public schools and assisting in choosing the most appropriate options. Assistance is also available in selecting colleges and universities, understanding financial aid options and assisting in scholarship searches.

## **Elder care consultation, information and referrals**

Our knowledgeable elder care specialists will guide you through the vast array of elder care resources and help you find those that are right for you and your loved one – regardless of where they reside.

## **Financial consultation**

Our financial professionals can offer sound, objective advice on a range of issues. These topics include financial coaching, debt management, budgeting, retirement planning, and student loan counseling.

## **Legal consultation**

Our legal services include a free 30-minute telephonic consultation with an attorney. This session generally provides the answers and next-step advice that most individuals need to get started along the legal process. If further legal services are needed, attorney services are offered at a 25% reduced fee. Legal matters may include civil/consumer issues, personal/family issues (including divorce or child custody), personal injury, and real estate, taxes or estate planning. *Employment law is excluded from this benefit.*

**Contact AAH EAP today!**

**800.236.3231**

**[www.aah.org/eap](http://www.aah.org/eap)**